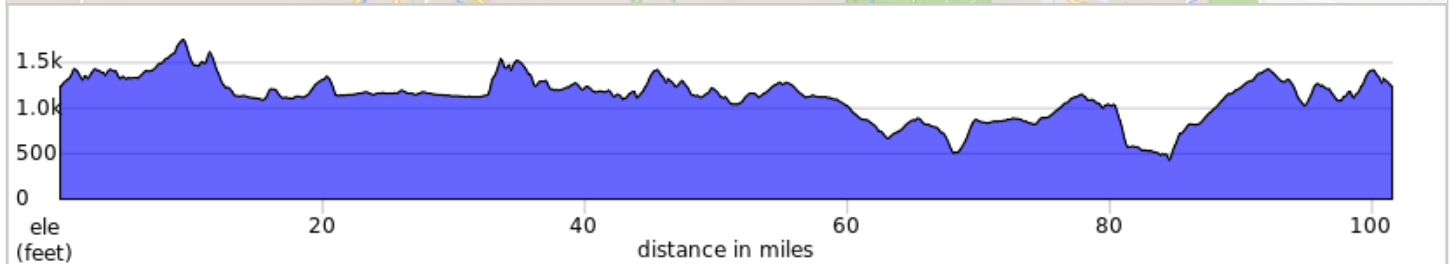
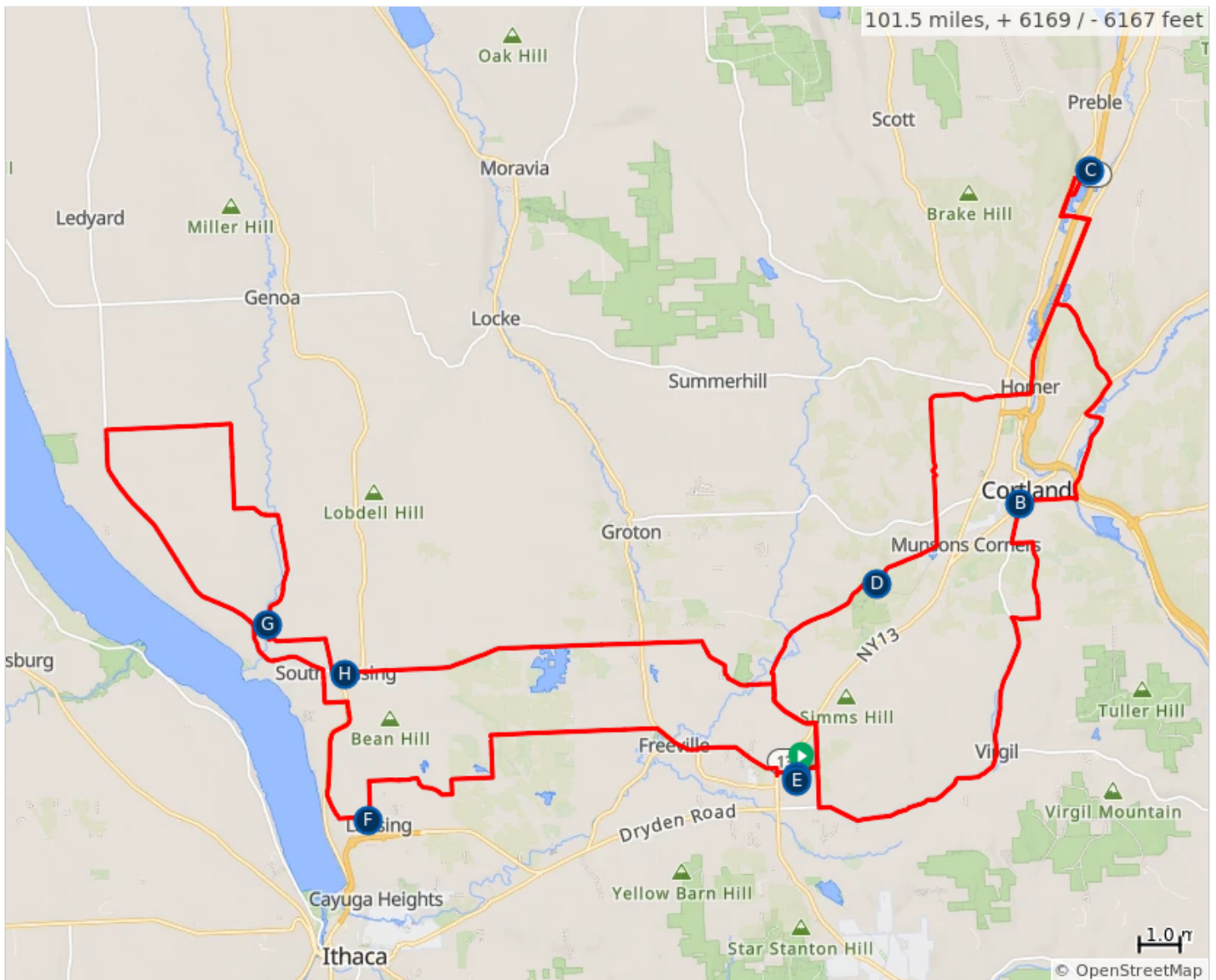


Cortland-102miles



101.5 miles, 6,170 ft climbing

| | | | |
|----|--|----|--|
| A. | Start & Finish - Tompkins County Community College | E. | Rest Stop - TC3 - Tompkins Community College |
| B. | Rest Stop - Cortland YMCA | F. | Rest Stop - Ithaca YMCA |
| C. | Rest Stop - Dwyer Park | G. | Viewpoint - Salmon Creek Falls in Ludlowville Park |
| D. | Viewpoint - Lime Hollow Nature Center | H. | Rest Stop - Lansing Community Center |



Cortland & Ithaca YMCA Cycling Tour

Cortland-102miles

| Num | Type | Note | Dist | Next |
|-----|------|--------------------------------------|------|------|
| 1. | | Start of route | 0.0 | 0.2 |
| 2. | | Slight L onto Panther Drive | 0.2 | 0.3 |
| 3. | | R onto Bahar Drive | 0.5 | 0.2 |
| 4. | | R onto Livermore Rd | 0.7 | 1.0 |
| 5. | | L onto NY-392 E | 1.7 | 5.0 |
| 6. | | Sharp L onto West State Road | 6.7 | 3.4 |
| 7. | | Sharp R onto Ely Road | 10.1 | 0.6 |
| 8. | | L onto Page Green Road | 10.7 | 1.9 |
| 9. | | L onto Starr Rd | 12.6 | 0.5 |
| 10. | | R onto Owego St | 13.1 | 0.9 |
| 11. | | R onto Tompkins St | 13.9 | 1.5 |
| 12. | | Sharp L onto East River Road | 15.4 | 2.1 |
| 13. | | L onto Lorings Crossing Road | 17.5 | 0.4 |
| 14. | | R onto State Route 13 | 17.9 | 0.9 |
| 15. | | L onto Health Camp Road | 18.8 | 2.4 |
| 16. | | R onto US-11 N | 21.3 | 2.2 |
| 17. | | L onto Little York Xing Road | 23.4 | 0.7 |
| 18. | | Sharp R onto State Route 281, NY 281 | 24.1 | 0.5 |
| 19. | | R onto Little York Lake Road | 24.6 | 0.6 |
| 20. | | Slight R | 25.2 | 0.5 |
| 21. | | Slight R onto Little York Lake Rd | 25.7 | 0.2 |
| 22. | | L onto NY-281 S | 25.9 | 1.0 |
| 23. | | Sharp L onto Little York Xing Road | 26.9 | 0.7 |
| 24. | | R onto US 11 | 27.6 | 4.4 |
| 25. | | R onto Cayuga Street | 32.0 | 0.7 |
| 26. | | Keep L onto Wolfe Road | 32.7 | 1.1 |
| 27. | | Continue onto Sweeney Road | 33.9 | 2.3 |
| 28. | | L onto Kinney Gulf Road | 36.2 | 0.1 |
| 29. | | R onto Hoy Road | 36.3 | 0.1 |

36.3 miles. +2110/-2101 feet

| Num | Type | Note | Dist | Next |
|-----|------|---|------|------|
| 30. | | L onto Highland Road | 36.4 | 1.6 |
| 31. | | R onto McLean Road | 38.0 | 5.3 |
| 32. | | L onto North Road | 43.3 | 0.7 |
| 33. | | Keep L onto Dutcher Road | 44.0 | 1.2 |
| 34. | | R onto Livermore Road | 45.2 | 1.1 |
| 35. | | R onto Bahar Dr | 46.2 | 0.2 |
| 36. | | L onto Panther Drive | 46.5 | 0.3 |
| 37. | | Keep R | 46.8 | 0.4 |
| 38. | | Slight L onto Panther Drive | 47.2 | 0.3 |
| 39. | | L onto Bahar Drive | 47.5 | 0.9 |
| 40. | | L onto Cortland Road, NY 13 | 48.3 | 0.1 |
| 41. | | Sharp R onto North Road | 48.4 | 0.2 |
| 42. | | L onto Mott Road | 48.6 | 1.1 |
| 43. | | Keep L onto Mott Road | 49.7 | 0.9 |
| 44. | | L onto Herman Road | 50.6 | 0.0 |
| 45. | | R onto Railroad Street | 50.7 | 0.1 |
| 46. | | Continue onto Railroad Street, NY 38 | 50.7 | 0.6 |
| 47. | | Continue onto NY-38 N/ Freeville Groton Rd | 51.4 | 0.5 |
| 48. | | Slight L onto W Dryden Rd | 51.8 | 4.0 |
| 49. | | L onto Hanshaw Rd | 55.8 | 1.0 |
| 50. | | R onto Neimi Road, CR 182 | 56.8 | 1.3 |
| 51. | | R onto Snyder Road | 58.2 | 1.0 |
| 52. | | L onto Cherry Road | 59.2 | 1.2 |
| 53. | | L onto North Triphammer Road, CR 122 | 60.4 | 0.9 |
| 54. | | R onto Hickory Hollow Ln | 61.3 | 0.1 |
| 55. | | Hickory Hollow Ln turns L and becomes Butler Rd | 61.4 | 0.1 |
| 56. | | Sharp L onto North Triphammer Road, CR 122 | 61.5 | 0.1 |
| 57. | | L onto Oakcrest Road | 61.5 | 0.8 |

25.2 miles. +1197/-1589 feet

| Num | Type | Note | Dist | Next |
|-----|------|---|-------|------|
| 58. | → | R onto Cayuga Heights Road | 62.4 | 0.7 |
| 59. | ↗ | Slight R onto East Shore Drive, NY 34 | 63.1 | 2.4 |
| 60. | ← | L onto Drake Road | 65.5 | 1.3 |
| 61. | ← | L onto Ridge Road, NY 34B | 66.8 | 8.5 |
| 62. | → | R onto Lansing Genoa Town Line Road | 75.3 | 3.0 |
| 63. | → | R onto County Line Road | 78.3 | 0.0 |
| 64. | ↗ | Slight R onto Lansingville Road, CR 155 | 78.3 | 2.0 |
| 65. | ← | L onto Lockerby Hill Road | 80.3 | 1.1 |
| 66. | → | R onto Salmon Creek Road | 81.4 | 2.9 |
| 67. | ← | L onto Ludlowville Rd | 84.3 | 0.1 |
| 68. | → | R to stay on Ludlowville Rd | 84.4 | 0.3 |
| 69. | ← | L onto Brickyard Rd | 84.7 | 0.2 |
| 70. | ← | Slight L onto Wilson Rd | 84.9 | 1.2 |
| 71. | → | R onto Conlon Rd | 86.0 | 0.8 |
| 72. | ← | L onto NY-34B S | 86.9 | 0.6 |
| 73. | → | Slight R to stay on NY-34B S | 87.5 | 8.4 |
| 74. | → | R onto Morris Road | 95.8 | 0.8 |
| 75. | → | R onto West Malloryville Road | 96.7 | 0.3 |
| 76. | ↖ | Keep L onto West Malloryville Road | 97.0 | 0.8 |
| 77. | ← | L onto Fall Creek Road, CR 105 | 97.8 | 0.0 |
| 78. | → | R onto East Malloryville Road | 97.8 | 0.3 |
| 79. | → | R onto North Road | 98.1 | 0.4 |
| 80. | ↖ | Keep L onto Dutcher Road | 98.6 | 1.2 |
| 81. | → | R onto Livermore Road | 99.7 | 1.1 |
| 82. | → | R onto Bahar Drive | 100.8 | 0.2 |
| 83. | ← | L onto Panther Drive | 101.0 | 0.3 |
| 84. | ↗ | Keep R | 101.3 | 0.2 |
| 85. | 📍 | End of route | 101.5 | 0.0 |

40.0 miles. +2815/-2325 feet